

Vishnuchitta Gurukulam



Sri Goda Devi Dhanurmasa Vrata Pooja



|| Sree gOdAyai namaha ||

|| SreematE rAmAnujAya namaha ||

Sloka|| rAmAya rAmabhadraAya rAmachandraAya vEdhasE |
raghunAthAya nAthAya seetAyAh patayE namaha ||



|| AnDAL tiruvaDigaLE SaraNam ||

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In Dhanurmasam, everyday wake up early in the morning, take bath and wear clean clothes.
Put Kumkum on your forehead, pray and do namaskaram to God before starting this
Dhanurmasam vratam.

Start with the following achamana slokam and proceed with the remaining pooja vidhi.

1. Om achyutAya namaha |
Om anantAya namaha |
Om Sree gOvindAya namaha ||



2. Om bhUrbhuvassuvaha tatsavitur varENyam |
bhargO dEvasya dheemahi dhiyOyOnah prachOdayAt ||



3. asmat gurubhyO namaha |
asmat parama gurubhyO namaha |
asmat sarva gurubhyO namaha |
SreematE rAmAnujAya namaha ||



4. sarva dharmAn parityajya mAmEkam Saranam vraja |
ahamtvA sarva pApEbhyO mOkshayishyAmi mA Suchaha ||



5. namO namO vAngmanasAti bhUmayE
namO namO vAngmanasaika bhUmayE
namO namO ananta mahA vibhUtayE
namO namO ananta dayaika sindhave



6. kowsalyA suprajA rAma pUrvA sandhyA pravartatE |
uttishTha nara SARdULA karthavyam daiva mAhnikaM |
(pronounced as mAnhikaM)
uttishThOttishTha gOvinda uttishTha garudadhwaja |
uttishTha kamala kAnta trailOkyam mangaLam kuru ||



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7. na bhAram mEru Sikharam na bhAram sapta sAgaram |
rAtrou pUjita nirmAlyam prabhAtE bhAramadbhutam |
ahO rAtroutu nirmAlyam prAtah kAlE visarjayEt ||



8. Om asatOmA sadgamaya |
tamasOmA jyOtirgamaya |
mrutyOrmA amrutamgamaya |
Om SANTI SANTI SANTIhi ||



9. SuklAmbaradharam vishnum SaSivarNam chaturbhujam |
prasanna vadanam dhyAyEt sarva vighnOpaSantayE ||



10. yasya dwirada vaktrAdhyAh pArishadyAh paraSyatam |
vighnam nighnanti satatam vishwaksEnam tamASrayE ||



11. gurur brahmA gurur vishnuhu gurur dEvO mahEshwaraha |
gurur sAkshAt parabrahma tasmai Sree guravE namaha ||



12. pUrvOccharita yEvanguNa viSEshaNa viSishTAYAm asyAm
Subha titou Sree bhagavadAgnEyA
bhagavad kainkarya rUpam
Sree gOdA ranganaAtha swamy dhanurmAsa vrata pUjAm karishyE ||



13. gangEcha yamunE chaiva gOdAvari saraswati |
narmadE sindhu kAvEree jalEsmin sannidhim kuru ||
Om virajAyai namaha ||



14. apavitrah pavitrOvA sarvA vastAngatOpivA |
yah smarEt punDareekAksham sabAhyAbhyantara Suchihi ||



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15. karkaTE pUrva phalguNyAm tulasee kAnanOdbhavAm |
pAnDyE viSvambharAm dEveem vamdE Sree rangAnAyakeem ||



Sree gOdA rangAnAthAya namaha - dhyAyAmi dhyAnam
samarpayAmi ||

Sree gOdA rangAnAthAya namaha - AvAhayAmi suvarna ratna
simhAsanam samarpayAmi ||



Sree gOdA rangAnAthAya namaha - hastayOh arghyam samarpayAmi ||

Sree gOdA rangAnAthAya namaha - pAdAravindayOh pAdyam
samarpayAmi ||

Sree gOdA rangAnAthAya namaha - mukhE Achamaneeyam
samarpayAmi ||



16. Om ApO hishThA mayO bhuvaha tAna UrjE dadhAtana |
mahEraNaya chakshasE yOVah Siva tamO rasaha |
tasya bhAja yatE hanaha ushatheeriva mAtaraha |
tasma aranga mAmavO yasyakshayAya jinvatha
ApOjana yathAchanaha ||



Sree gOdA rangAnAthAya namaha - snAnam samarpayAmi ||

Sree gOdA rangAnAthAya namaha - vastram samarpayAmi ||

Sree gOdA rangAnAthAya namaha - tilakam samarpayAmi ||

Sree gOdA rangAnAthAya namaha - yagnOpaveetam samarpayAmi ||



17. gandha dwArAm durA darSAm nitya pushTAm kareeshineem |
eeshwareegam sarva bhUtAnAm tAmihOpahvayE Sriyam ||



Sree gOdA rangAnAthAya namaha - gandham samarpayAmi ||

Sree gOdA rangAnAthAya namaha - AbharaNam samarpayAmi ||



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18. yOpAm pushpam vEdA pushpavAn
prajAvAn paSumAn bhavati ||

Sree gOdA ranganaAthAya namaha - pushpam samarpayAmi ||



19. Sree gOdA ranganaAthAya namaha - nAmAvali poojAncha karishyE

chathurvimshti nAmAvali (24 names)

1. Om kEshavAya namaha
2. Om nArAyaNAya namaha
3. Om mADhavAya namaha
4. Om gOvindAya namaha
5. Om vishNavE namaha
6. Om maDhusUdhanAya namaha
7. Om trivikramAya namaha
8. Om vAmanAya namaha
9. Om SreedharAya namaha
10. Om hrusheekEshAya namaha
11. Om padmanAbhAya namaha
12. Om dAmOdarAya namaha
13. Om sankarshaNAya namaha
14. Om vAsudEvAya namaha
15. Om pradyumnAya namaha
16. Om aniruddhAya namaha
17. Om purushOttamAya namaha
18. Om adhOkshajAya namaha
19. Om nArasimhAya namaha
20. Om achyutAya namaha
21. Om janAradanAya namaha
22. Om upEndrAya namaha
23. Om harayE namaha



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24. Om SreekrishNaya namaha

20.Sree gOdA ashTottara Sata nAmAvaLi

1. Om Sree rangaNyakyai namaha
2. Om gOdAyai namaha
3. Om vishnuchittAtmajAyai namaha
4. Om satyai namaha
5. Om gopee vEsha dharAyai namaha
6. Om dEvyai namaha
7. Om bhU sutAyai namaha
8. Om bhOga sAlinyai namaha
9. Om tulasee kAnanOdbhUtAyai namaha
10. Om shriyai namaha
11. Om dhanvipura vAsinyai namaha
12. Om bhattanAtha priyakaryai namaha
13. Om Sreekrishna hita bhOginyai namaha
14. Om Amukta mAlyadAyai namaha
15. Om bAlAyai namaha
16. Om Sree ranganAtha priyAyai namaha
17. Om parAyai namaha
18. Om vishwambharAyai namaha
19. Om kalAlApAyai namaha
20. Om yatirAja sahOdaryai namaha
21. Om krishnAnuraktAyai namaha
22. Om subhagAyai namaha
23. Om sulabha shriyai namaha
24. Om salakshaNAyayai namaha



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25. Om lakshmeepriya sakhyai namaha
26. Om SyAmAyai namaha
27. Om dayAnchita druganchalAyai namaha
28. Om phalgunyAvirbhavAyai namaha
29. Om ramyAyai namaha
30. Om dhanurmAsa kruta vratAyai namaha
31. Om champakAshOka punnAga mAlatee vilasatkachAyai namaha
32. Om AkAratraya sampannAyai namaha
33. Om nArAyaNa samAshritAyai namaha
34. Om Sreemad ashtAksharee mantra rAja sthita manOrathAyai namaha
35. Om mOksha pradAna nipuNAyai namaha
36. Om mantra ratnAdhi dEvatAyai namaha
37. Om brahmaNyAyai namaha
38. Om lOka jananyai namaha
39. Om leelA mAnusha rUpiNyai namaha
40. Om brahmaGnAyai namaha
41. Om anugrahAyai namaha
42. Om mAyAyai namaha
43. Om sachhidAnanda vighrahAyai namaha
44. Om mahA pativratAyai namaha
45. Om vishnu guNa keertana lOlupAyai namaha
46. Om prapannArti harAyai namaha
47. Om nityAyai namaha
48. Om vEda saudha vihAriNyai namaha
49. Om ranganaAtha mANikya manjaryai namaha
50. Om manjubhAshinyai mamaha
51. Om sugandhArtha grandha kartyai Namaha



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52. Om ranga mangaLa deepikAyai namaha
53. Om dhwaja vajrAmkuSAbjAmka mrudu pAdatalAmchitAyai namaha
54. Om tArakAkAra nakharAyai namaha
55. Om pravALa mrudulAnguLyai namaha
56. Om kUrmOpamEya pAdOrdhva bhAgAyai namaha
57. Om SObhana pArshNikAyai namaha
58. Om vEdArtha bhAva vidita tatva bOdhAnghri pankajAyai namaha
59. Om AnandAdbhudAkAra sugulbhAyai namaha
60. Om paramAyai namaha
61. Om aNukayai Namaha
62. Om tEjaSSriyOjjvala dhrutha pAdAnguLi subhUshithAyai namaha
63. Om meenakEtana tooNeera chAru janghA virAjitAyai namaha
64. Om kakudvagnAnu yugmADhyAyai namaha
65. Om swarNa rambhAbha sakThikAyai namaha
66. Om viSAla jaghanAyai namaha
67. Om peenasuSrONyayai namaha
68. Om maNimEkhalAyai namaha
69. Om Ananda sAgarAvarta gambheerAmbhOja nAbhikAyai namaha
70. Om bhAsva dvaLitrikAyai namaha
71. Om chAru jagatpUrNa mahOdaryai namaha
72. Om nava mallee rOmarAjyayai namaha
73. Om sudhA kumbhAyitastanyai namaha
74. Om kalpamALAnibha bhujAyai namaha
75. Om chandra khanda nakhAnchitAyai namaha
76. Om supravALAnguLi nyasta mahA ratnAnguLeeyakAyai namaha
77. Om navAruNa pravALAbha pANidESa samanchitAyai namaha
78. Om kambhukanThyai namaha



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79. Om suchubukAyai namaha
80. Om bimbOshThyai namaha
81. Om kunda dantayujE namaha
82. Om kAruNya rasa nishyandi nEtra dvaya suSObhithAyai namaha
83. Om muktASuchi smitAyai namaha
84. Om chAru chAmpEya nibha nAsikAyai namaha
85. Om darpaNAkAra vipula kapOladvita yAnchitAyai namaha
86. Om anantArka prakASOdyanmaNi tATanka SObhitAyai namaha
87. Om kOTi sUryAgni samkAsha nAnAbhUshaNa bhUshitAyai namaha
88. Om sugandha vadanAyai namaha
89. Om subhruvE namaha
90. Om ardhachandra lalATikAyai namaha
91. Om pUrNa chandrAnanAyai namaha
92. Om neela kuTilAlaka SObhitAyai namaha
93. Om soundarya seemAyai namaha
94. Om vilasatkastUree tilakOjjvalAyai namaha
95. Om dhagaddhagAya mAnOdyanmaNi seemanta bhUshaNAYai namaha
96. Om jAjvalyamAna sadratna divya chUDAvatamsakAyai namaha
97. Om sUryArdha chandra vilasdbhUshaNanchita vENikAyai namaha
98. Om athyarkAnala tEjOdhi maNi kanchuka dhAriNyai namaha
99. Om nigannigadratna punja prAnta swarNa nichOLikAyai namaha
100. Om sadratnAnchita vidyOta vidyutkunjabha SATikAyai namaha
101. Om nAnA maNi gaNA keerna hEmAngada subhUshitAyai namaha
102. Om kumkumAgaru kasturee divya chandana charchithAyai namaha
103. Om svOchitoujjwalya vividha vichitra maNihAriNyai namaha
104. Om asankhyEya sukha sparSa sarvAthiSaya bhUshaNAYai namaha
105. Om mallika pArijAtAdi divya pushpa sraganchitAyai namaha



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106. Om Sreeranga nilayAyai namaha
107. Om pUjyAyai namaha
108. Om divya dESa suSObhithAyai namaha
109. Om Sreeranga nayakyai namaha
110. Om Sree mahAlakshmyai namaha
111. Om Sree bhUdEvyai namaha
112. Om Sree neeLAdEvyai namaha
113. Om Sree gOdAdEvyai namaha
114. Om Sree anantAya namaha
115. Om Sree garuDaya namaha
116. Om SreematE viShwaksEnAya namaha
117. Om Sree parAnkuSAya namaha
118. Om SreematE rAmAnujAya namaha
119. Om Sreemad varavaramunayE namaha
120. Om swAchAryEbhyO namaha
121. Om pUrVAchAryEbhyO namaha
122. Om samasta parivArAya sarva divya mangaLa vighraHAya
SreematE nArAyaNAya namaha



Sree gOdA ranganaAthAya namaha – ashTottara divya Sata nAmAvali pUjAm
samarpayAmi ||

21. vanaspati rasairdivyai nAnA gandha samanvitaha |
AghrEyah sarva dEvAnAm dhUpOyam pratigruhyatAm ||



Sree gOdA ranganaAthAya namaha - dhUpamAghrApayAmi ||

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22. uddeepyasva jAtavEdO pagnam nirarutim mama |
paSUGamScha mahya mAvaha jeevanancha diSOdaSa ||



Sree gOdA ranganaAthAya namaha - pratyaksha deepam darSayAmi ||

23. Om bhUrbhuvassuvaha tatsavitur varENyam |
bhargO dEvasya dheemahi dhiyOyOnah prachOdayAt ||



satyam tvartEna parishinchAmi
amrutamastu amrutOpasta raNamasee swAhA |



- + Om prAnAya swAhA |
- + Om apAnAya swAhA |
- + Om vyAnAya swAhA |
- + Om udAnAya swAhA |
- + Om samAnAya swAhA |
- + Om brahmaNE namaha |



amrutamastu amrutApi dAnamasi |

Sree gOdA ranganaAthAya namaha – phala naivEdyam samarpayAmi ||

24. Om hiraNya pAtram madhOh pUrnam dadAti |
madhavyO sAneti ekadA brahmaNa mupaharati |
Eka daiva yajamaNa Ayuh tEjO dadAti ||



Sree gOdA ranganaAthAya namaha - mangaLa neerAjanam samarpayAmi ||

25. kadiravan guNa diSaicchigaram vandaNaindAn
kanai yiruLaganRadu kAlaiyampoLudAy

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maduvirindoLugina mAmalarellAm
vAnavar araSargaL vandu vandeeNDi,
edir diSai niRaindana rivaroDum pugunda
irungaLi teeTTamum piDiyeDu muraSum,
adir dalil alai kaDal pOnRuLadu engum
arangattamma paLLi yeLundaruLAYe

tondDaraDippodi ALwAr tiruvaDigaLE SaraNam

26. Tiruppavai 3 taniyans and 1-28 pAsurams

(Read today's pAsuram twice

e.g., on Day 1 – read 1st pAsuram twice,

on Day 2 – read 2nd pAsuram twice,

on 28th day - read 28th pAsuram twice)

27. Now we offer mahA naivedyam to PerumAL. Every day we offer kattu pongali (venpongali) as naivedyam. In addition, we offer the following items on some important pAsuram days of Tiruppavai

- 3rd Pasuram - sweet pongal(made of sugar)
- 7th Pasuram - pulihora
- 12th Pasuram - sweet pongal(made of sugar)
- 16th Pasuram - daddhojanam, pulihora, sweet pongal(made of sugar)
- 18th Pasuram - sweet pongal(made of sugar)
- 23rd Pasuram - sweet pongal(made of sugar)
- 24th Pasuram - daddhojanam
- 27th Pasuram - daddhojanam, pulihora, akkara adisil
- 28th Pasuram - daddhojanam
- 29th Pasuram - daddhojanam, sweet pongal(made of sugar), pulihora
- 30th Pasuram - appam

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28. Om bhUrbhuvassuvaha tatsavitur varENyam |
bhargO dEvasya dheemahi dhiyOyOnah prachOdayAt ||



satyam tvartEna parishinchAmi
amrutamastu amrutOpasta raNamasee swAhA |



- + Om prAnAya swAhA |
- + Om apAnAya swAhA |
- + Om vyAnAya swAhA |
- + Om udAnAya swAhA |
- + Om samAnAya swAhA |
- + Om brahmaNE namaha |



amrutamastu amrutApi dAnamasi |

Sree gOdA ranganaAthAya namaha – mahA naivEdyam samarpayAmi ||

29. pAsurams 29, 30 (vimjAmara sEva) ||
After this, read today's pAsuram once again.



30. mangaLASasanam

lakshmee charaNa lAkshAnka sAkshAt Sree vatsa vakshasE |
kshEmankarAya sarvEshAm Sree rangESaya mangaLam ||



swOcchishTa mAlIkA bandha gandha bandhura jishNavE |
vishNuchitta tanUjAyai gOdAyai nitya mangaLam ||



mAdruSA kimchana trANa baddha kamkaNa pANayE |
vishNuchitta tanUjAyai gOdAyai nitya mangaLam ||



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Sreematyai vishNuchittArya manOnandana hEtavE |
nanda nandana sundaryai gOdAyai nitya mangaLam ||

mangaLA SASana paraih madAchArya purOgamaih |
sarvaiScha pUrvairAchAryaih satkrutAyAstu mangaLam ||

Sree gOdA ranganaAthAya namaha - mangaLa neerAjanam samarpayAmi

31. kAyEna vAchA manasEndriyairvA |
budhyAtmanAvA prakrutE swabhAvAt |
karOmi yadyat sakalam parasmai |
nArAyaNA yEtI samarpayAmi ||



Sree gOdA ranganaAthAya namaha - namaskAram samarpayAmi ||

|| sarvam Sree krishNArpaNamastu ||

|| Om SAnTi SAnTi SAnTihi ||

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List of Pooja Items

1. Lord Sree Krishna, Goda Devi photo (or any GOD picture in a frame)
2. Panchapatra Uddarini -2 sets (unused small glasses-2 and spoons-2)
3. Plate for achamanam (unused small plate - 1)
4. Small lamps - 2
5. Agarbatti Stand
6. Bell
7. Kumkum (in small container)
8. Turmeric powder (in small container)
9. Chandanam powder (in small container)
10. Akshatha (Rice mixed with Turmeric powder and ghee in small container)
11. Water bottle
12. Paper Napkins
13. Harathi plate with ghee dipped wicks
14. A small Mat - To sit for pooja
15. Small bowl of water

Items to procure either from store or arrange with available items at home

Match box,

Flowers (Garden flowers are fine),

Fresh Fruits or Unused Nuts, Maha Naivedyam to offer to GOD,

Cotton Swab/ Oil,

Agarbatti

Participants are welcome to sit either in the pooja room at their home or in a clean area facing east or west.